

1983	Place	Club	Name	Swim	Bike	Run	Total
	1	SE	Jeff Gunderson	33:44	54:26	2:13:06	3:41:16
	2	SE	Jamie Willen	40:47	41:18	2:22:36	3:44:41
	3	SE	Fred Ferroggiario	28:09	45:21	2:35:25	3:48:55
	4	DC	Mark Guglielmana	42:17	46:28	2:29:05	3:57:50
	5	DC	Phil Rollins	40:48	56:24	2:25:50	4:03:02
	6	SE	Paul DeLoria	40:10	54:10	2:29:17	4:03:37
	7	DC	Peter Crosby	39:10	49:20	2:37:44	4:06:14
	8	DC	Maggy Felcher	39:40	48:32	2:39:24	4:07:36
	9	DC	Sam Lawson	48:29	51:31	2:29:27	4:09:27
	10	SE	Roger Major	46:00	59:03	2:25:28	4:10:31
	11	SE	Michael Laramie	45:12	49:35	2:36:13	4:11:00
	12	DC	John Addison	46:35	59:32	2:32:16	4:18:23
	13	SE	Steve Guthrie	31:36	53:39	2:54:23	4:19:38
	14	SE	Kevin Lorne	44:24	58:11	2:40:51	4:23:26
	15	DC	Tom Koger	48:52	53:17	2:45:35	4:27:44
	16	DC	Scott Schwartz	43:29	53:19	2:53:13	4:30:01
	17	DC	Kirk Pringle	43:04	55:03	2:56:08	4:34:15
	18	SE	Greg Guintana	45:42	53:05	2:59:24	4:37:11
	19	DC	James Ross	63:14	56:13	2:38:15	4:37:42
	20	DC	Omer Thompson	43:02	47:06	3:12:24	4:42:32
	21	DC	Jim Lewis	39:54	57:24	3:08:09	4:45:27
	22	SE	Kevin O'Keefe	36:25	51:33	3:20:04	4:48:02
	23	DC	Tom Callinan	42:21	49:12	3:17:11	4:48:44
	24	DC	Colleen Madden	39:26	52:57	3:16:31	4:48:44
	25	DC	Eduardo Barranco	45:31	56:29	3:06:54	4:48:54
	26	DC	Buck Swannack	46:41	59:23	3:03:50	4:49:04
	27	DC	Rick Murray	53:28	62:37	2:53:05	4:49:10
	28	DC	Tom McGraw	40:07	55:39	3:13:27	4:49:13
	29	DC	James Blake	45:17	52:13	3:12:12	4:49:42
	30	DC	Mary Cantini-Norkin	54:13	1:08:14	3:10:11	5:12:38
	31	DC	Tim Callahan	43:52	46:41	3:45:57	5:16:30
	32	DC	Jamie Nelson	34:22	53:38	3:49:37	5:17:37
	33	DC	Debra Howard	32:15	53:53	3:51:33	5:17:41
	34	DC	Cathy Huang	32:17	53:48	3:51:36	5:17:41
	35	DC	Elisa Meyer	37:05	56:25	6:50:42	5:24:12
	36	DC	Steve Sancimino	55:00	1:09:47	3:22:24	5:27:11
	37	SE	Juroy Hughes	59:36	1:28:16	3:06:58	5:34:50
	38	DC	Bill Callahan	47:57	1:45:22	3:49:31	5:47:24
	39	DC	Mike Roller	1:02:42	1:08:17	3:55:25	6:00:30
	40	DC	Roxanne Richards	48:36	1:18:48	3:55:21	6:02:45
	41	DC	Harvey Gately	52:15	1:04:28	4:06:34	6:03:17
	42	DC	Pete Bianucci	49:34	1:07:58	4:06:46	6:04:18
	43	SE	Diane McEwen	58:31	1:10:46	3:55:25	6:04:42
	44	DC	Don Reid	1:07:25	1:14:11	3:59:23	6:20:59
	45	DC	Phil Sancimino	58:05	1:06:40	4:39:27	6:44:12

1983	Team #	Club	Swimmer	Time	Biker	Time	Runner	Time	Total
	1R	DC	Peter Applegate	31:40	Rusty hale	41:48	Mark Steinborn	2:13:25	3:26:53
	2R	DC	Suzanne Heim	29:24	Kurt Ghan	43:40	Bill Kluber	2:46:24	3:59:28
	3R	DC	Mary Sancimino	46:29	Tom Sancimino	54:39	John Sancimino	3:04:57	4:46:05
	4R		Bob McKenzie	57:07	Mary mckenzie	1:10:33	Ned Hoffman	4:15:15	6:22:55